

Parish Magazine

June 2018



50p

Our regular monthly events include:

Every week:

Tuesday Meet and Make 2 - 4 pm St Andrew's Centre

Saturday Coffee Morning at St Andrew's Centre

First week of the month

Thursday Mothers Union - Quiet time (from 11-45 am) followed by lunch and meeting

Saturday Coffee morning in St Catherine's Hall

Second week of the month

Wednesday Cuppa and chat at St Mary's Hall

Third week of the month

Wednesday Mothers Union - 7:30 pm Meeting at St Catherine's Hall

Thursday Prayer and Meditation - 2 pm St Catherine's Church

Fourth week of the month

Wednesday Cuppa and chat at St Mary's Hall

Thursday House Group - 10 am at 2 Adam Way

Supporting Basildon Women's Refuge

Due to lack of space; Please only take items to St. Andrew's Church on the last FRIDAY (or as near as possible) of each month; then they can be taken to the refuge. If you are unable to take our offering to St. Andrew's then please do pass it to one of your Church Wardens or your Priest.

The Gateway Project – Foodbank

We have completely run out of:

Sugar - Cooking sauces - Toilet rolls

We are in need of:

Coffee – Jam - Toiletries

Gratefulness

“I had a farm in Africa at the foot of the Ngong Hills ...” This is the opening sentence of the book ‘Out of Africa’ which has been sitting on my bookshelf in the last 2 years and I am yet to read it.

Mind you my home in Kenya is right at the foot of Ngong Hills, very close to this farm formerly owned by Karen Blixen-the author of the book. My attention for this book was caught not only by the subtitle of the first chapter ‘Ngong farm’ but also by this opening sentence that says so little. It did indeed capture my imagination having known the area where the farm is located very well and have always wondered what will come next as my curiosity builds about the story in this book.... where is this story going?

It is just by coincidence that I spotted this book on the shelf as I was looking for something else and feeling very grateful and thankful for a recent experience but as well as curious about it. Just like when you drop a pebble in a pond, and watch the ripples move out from the moment it hits the water, yet you will never see how far the ripples reach, I found myself gazing intently on this opening sentence in the book and the motion it caused in me.

I realized that my imagination was pondering the infinite possibilities for my little waves of gratefulness and thankfulness.

His Holiness Dalai Lama and Archbishop Desmond Tutu in their ‘Book of Joy’ share that gratefulness can unfold in some most unexpected ways, rippling out, blessing all that is around us, and

beyond. However, we have no way of knowing how or where or when the echo of gratefulness will be a gift to another as thankfulness.

Here is a story of the true nature of gratefulness and how it comes alive as thankfulness, blessing all that is around us:

There is a boy, who wants a drum, but his mother can't afford one, and sadly, she gives him a stick. Though he doesn't know what to do with it, he begins to play with the stick.

He then encounters an old woman trying to light her woodstove. The boy gives her the stick and she lights her stove, makes some bread, and in return she gives him half a loaf.

Walking on, the boy comes upon a potter's wife whose child is crying from hunger. The boy gives her the bread. In gratitude, she gives him a pot. Though he doesn't know what to do with it, he carries it along the river, where he sees a man and his wife quarrelling because the wife broke their one pot that they used to wash clothes. The boy gives them the pot. In return, they give him a coat.

Since the boy isn't cold, he carries the coat until he comes to a bridge, where a man is shivering. The man was attacked and robbed of everything but his horse. The boy gives him the coat. Humbled, the man gives him his horse.

Not knowing how to ride, the boy walks the horse into town, where he meets a wedding party with musicians. The bridegroom and his family are all sitting under a tree with long faces.

According to custom, the bridegroom is supposed to enter the wedding procession on a horse, which hasn't shown, so the boy gives him the horse.

Relieved, the bridegroom asks what he can do for the boy. Seeing the drummer surrounded by all his drums, the boy asks for the smallest drum, which the musician gladly gives him.

What I love about this story is how it unfolds in unexpected ways, showing what possibility lies in being present, by simply saying "yes" with an open mind and open heart. When I imagine myself as that little boy, I wonder what would have happened if I had stopped at any point along the journey with any of the everyday items humbly given. I would have cut short the unfoldment of my own goodness. But if I follow the thread of the gifts given, I experience the great fullness of my life in the relationships all around me. I expand my capacity for living in that web that connects all life, giving whatever I have to someone in need and accepting what comes my way, even when I think it's not what I really want.

Norbert

WEEKLY PEW SHEET

Our weekly sheet is one of the principal ways we share information about the life of the parish, and especially about forthcoming events. If there is something you would particularly like to highlight, please email linda.boar@yahoo.co.uk.

And please, everyone, do read the sheet!

From our registers in April 2018:

St Mary's Church

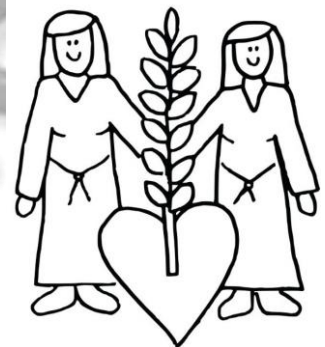
Baptism	29 th	Olivia and Chloe Baggott
Wedding	7 th	Leah Georgio and Ryan Goode
Funeral	11 th	David Medcalf

St Catherine's Church

Baptisms	8 th	Harry and Lily Ready
Funerals	16 th	Martin Jenkins
	23 rd	Lesley Lister

A Messy Ruth and Naomi

16th June - St Andrew's Church
2 - 4 pm



WICKFORD AND RUNWELL TEAM

QUIET DAY

9th June
10 am to 4 pm

The Barn Church
at Great Totham

led by Rev Jo Jones

Bring lunch!

Lifts available – sign up on the sheet in Church

FILM SHOW

28th June

ST. CATHERINE'S HALL

2 pm

EMILY WATSON

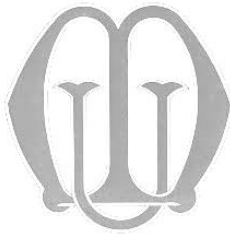
ROBERT CARLYLE



ANGELA'S ASHES

AN INSPIRING JOURNEY TO OVERCOME THE POVERTY OF CHILDHOOD

WICKFORD AND RUNWELL MOTHER'S UNION



Mothers' Union members in the Deanery celebrated St. Georges Day with a special fundraising coffee morning in St. Catherine's Hall. A chance to meet up with fellow members, have a cup of coffee, browse the stalls, buy a raffle ticket, and purchase cards from the MU Enterprises stall.

The new Deanery banner was on show, this was very much admired, it was designed by Elsie Salmon and beautifully worked by Elsie and Pamela Hammond from Billericay.

The Banner will be commissioned on July 11th at Christchurch, Billericay at 2pm.

33 people stayed on for a "Bangers and Mash" lunch, ably organised by Wickford Branch under the direction of Carol Feldwick and her team. At the end of lunch, we heard the news that the Duchess of Cambridge had given birth to a son. A fitting end to our celebrations, including the fact that the morning had raised £250!

The Chelmsford Diocesan Mothers' Union met in the Chapter House on May 1st, where it was announced that Judith Meadon had been re-elected to office as Diocesan President for another 3-year term.

Members were reminded that this is triennial year and elections will be taking place in Branches and Deaneries in the coming months. Two

items of special interest were announced- The English for Women project is going from strength to strength and has almost 100 women from 20 different nationalities receiving training had a holiday for several years.

The “Away from it all” AFIA, holiday scheme has 12 families going on holiday this year, 23 adults and 29 children. These are families who haven’t had a holiday for several years, due to unforeseen circumstances, such as redundancies, our branch supports both these projects with donations.

Delighted to welcome Stewart McCredie to our lunchtime meeting on May 3rd. Stewart is the manager at the Pleshey Retreat House and spoke to us about the many things that are going on there. He started off by giving us a brief history of Pleshey village and showed us a fascinating old map of the area. He then went on to tell us about the house and the improvements that have been made over the last few years.

Those who have stayed at Pleshey in years gone by and crept along the corridor early in the morning to get to the loo, will be pleased to hear that the first floor now has 11 en-suite bedrooms and can be reached by a lift. It is a beautiful house with a lovely garden in a very peaceful setting. If you have never been, do try and visit. The M.U. holds a retreat there every year, usually in June.

Meetings for June

Thursday 7th	Garden Party in the garden of Muriel Knowles
12.30	shared lunch followed by a Chinese Auction
Wednesday 20th	Summer Supper
	ending with Compline in St. Catherine’s



FILLING THE
HOLIDAY
HUNGER GAP!

*A Gateway project run by the churches
of Wickford and Runwell*

Volunteers Needed

Over the last two years, with your church's support, we have been able to provide a hot lunch each Wednesday of the school holidays to those who come along to the Make Lunch events.

We are very pleased to inform you that we are seeing a growth in the number of users of this project, and that we need more helpers! We would love to see Christians from across all of the churches of Wickford be part of the Make Lunch Team.

There are many roles to fill; Welcome Team, Reception workers, Caterers, Table Hosts, Games & Craft Table assistants and more...

We have organised two Training Sessions for those considering joining us:

Thursday 21st June at 8pm

Wednesday 27th June at 1pm

Both sessions will last approx. an hour and a half, and be held in the Conference Room at Miracle House, Silva Island Way, SS12 9NR

If you are interested, please email administrator@wickfordchurch.org.uk or send a text message to 07939 031863. Please start your message with MAKE LUNCH TRAINING, and then state your name and the church that you attend. *(Acceptance of application are subject to Minister's recommendation and attendance of the training session does not obligate you to commit).*

To give you an idea of the time commitment required: Helpers meet at around 11:30am for a time of prayer before the session starts at 12.00pm. The session finishes at 2pm and we have usually cleared up and completed our de-brief by 2.30pm.

Many thanks!!

COMING SOON

ST MARY'S CHURCH

ART EXHIBITION



Open from June 26th to 29th 1 – 5 pm
June 30th 12 – 6 pm

“HYMNS ANCIENT AND MODERN”

All exhibits welcome – all media welcome!

If you create something that reflects upon the hymns we share – then please let us know and drop it in on Monday 25th



Tumaini School has continued to live its true meaning! With your support we have been able to touch the hearts and make the children smile through sponsorship



We have observed great improvements in academic grades as a result of the healthy feeding program.

Tumaini's future looks good! Please share this good news with your families, friends and

be proud for being part of that "smile"

The WEEP production unit, last month received a donation from Val of the Church of England- a multi-purpose electric machine that can be used for sewing, embroidery among other things.

We hope to boost our production! Special thanks to



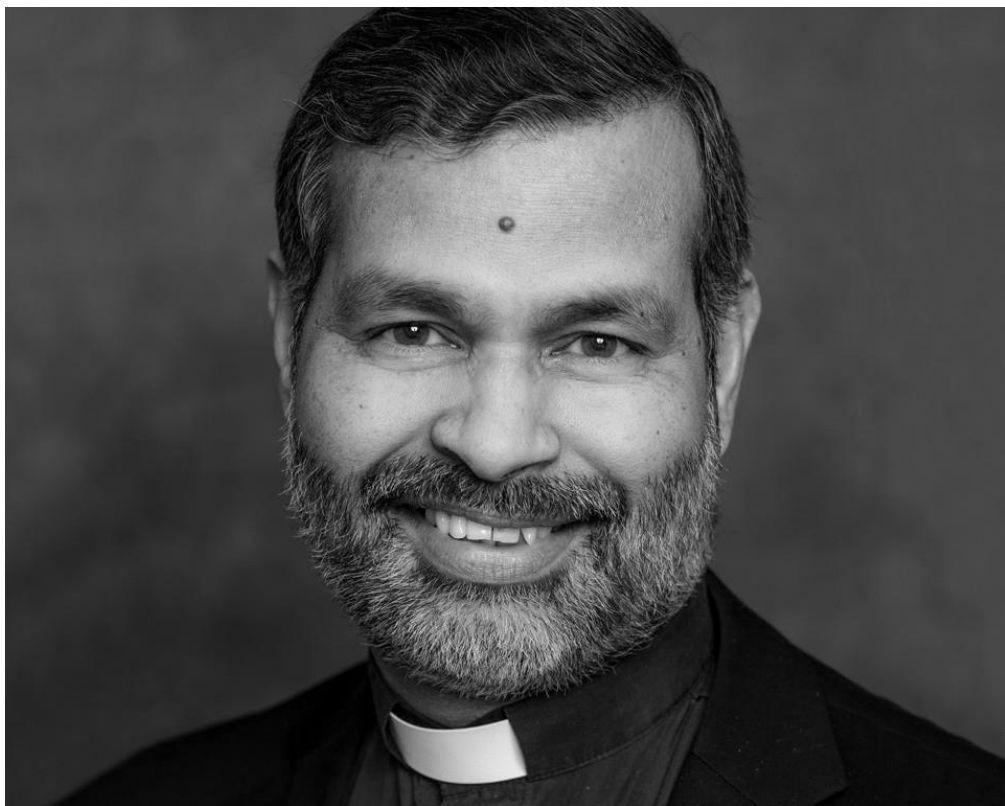
Val.

A RIGHT-ROYAL BETTIE'S



There was a competing event
..... but St Andrew's Teashop
and Plant Sale was a still a
roaring success, fuelled by
Fred's amazing market stall,
Mike's equally amazing
jacket, wonderful baking,
music from the Simpkins,
sunshine, bunting and a
general air of festivity. Thank
you to everyone who
worked, baked, sang, played,
supported, came - and raised
over £500.





Installation and Welcome of The Ven **John Perumbalath** as the Bishop of Bradwell 3.30pm on Sunday 22nd July 2018 at Chelmsford Cathedral

The Ven. John Perumbalath is being installed and welcomed as the next Bishop of Bradwell at 3.30 p.m. on Sunday 22nd July 2018 in the Cathedral.

If you would like to attend the service, please sign your name on the sheets in Church.

Joan Jenkins writes:

Martin G R Jenkins

A very big 'thank you' to all of you who supported and prayed for Martin, me and our family through Martin's illness and since his death.

I would offer special thanks to for all he did especially through his own illness.

In Martin's memory we have sent £1,100 to RNLI and £575 to Essex and Herts Air Ambulance. These donations given by others are a great tribute to Martin.

I truly believe that he is now resting in peace and reunited with our son, Mark.

Thank you again and may God bless you all.

The Wickford Flood Exhibition: WE NEED YOU!

Remembering the Great Flood of 1958

20-22 September 2018



If you are interested, please contact Matt.

Celebrate Wickford



.... with the Nevendon
Neighbourhood Association

Thursday 14th June 2018

St Andrew's Church, London Road

3 pm – 5 pm

Grand opening by the Mayor

Free refreshments

Contact: nawickford@gmail.com



**Bishop Michael Curry's
wedding address** (in case you
missed it):

And now in the name of our
loving, liberating and life-
giving God, Father, Son and
Holy Spirit, Amen.

From the Song of Solomon in
the Bible,

"Set me as a seal upon your heart, a seal upon your arm. For love is as strong as death. Passion fierce as the grave. Its flashes are flashes of fire. A raging flame. Many waters cannot quench love, neither can floods drown it out."

The late Dr. Martin Luther King once said and I quote: "We must discover the power of love, the power, the redemptive power of love. And when we do that, we will make of this whole world a new world. But love, love is the only way." There is power in love. Don't underestimate it. Don't even over sentimentalize it. There is power, power in love.

If you don't believe me, think of a time when you first fell in love. The whole world seemed to centre around you and your beloved. Oh, there's power, power in love. Not just in its romantic forms, but any form, any shape of love. There's a certain sense in which when you are loved, and you know it, when someone cares for you and you know it. When you love and you show it. It actually feels right. There's something right about it. And there's a reason for it. The reason has to do with the source. We were made by a power of love. And our lives are meant to be lived in that love -- that's why we are here. Ultimately, the source of love is God himself. The source of all our lives.

There's an old medieval poem that says where true love is found, God himself is there. The New Testament says it this way. Beloved, let us love one another. Because love is of God and those who love are born of God and

know God. Those who do not love do not know God. Why? Because God is love. There is power in love.

There's power in love to help and heal when nothing else can. There's power in love to lift up and liberate when nothing else will. There's power in love to show us the way to live. Set me as a seal on your heart, a seal on your arm. For love, it is strong as death.

But love is not only about a young couple. Now, the power of love is demonstrated by the fact that we're all here. Two young people fell in love, and we all showed up. But it's not just for and about a young couple who we rejoice with -- it's more than that. Jesus of Nazareth on one occasion was asked by a lawyer to sum up the essence of the teachings of Moses, and he went back and reached back into the Hebrew scriptures to Deuteronomy and Leviticus and Jesus said you shall love the Lord your God, with all your heart, all your soul, all your mind and all your strength. This is the first and great commandment. And the second is like it: love your neighbour as yourself.

And then in Matthew's version he added, he said, on these two, love of God and love of neighbour, hang all the law. All the prophets. Everything that Moses wrote. Everything in the holy prophets, everything in the scriptures. Everything that God has been trying to tell the world: Love God. Love your neighbours. And while you're at it, love yourself.

Someone once said that Jesus began the most revolutionary movement in human history. A movement grounded in the unconditional love of God for the world. And a movement mandating people to live and love and in so doing, to change not only their lives but the very life of the world itself. I'm talking about some power -- real power. Power to change the world.

If you don't believe me, well, there was more slaves in America's antebellum South who explained the dynamic power of love and why it has the power to transform. They explained it this way, they sang a spiritual even in the midst of their captivity. It's one that says there is a balm in Gilead, a healing balm. Something that can make things right, there is a balm in Gilead to make the wounded whole. There is a balm in Gilead to heal the sin-sick soul. And one of the stanzas actually explains why. They said if you cannot preach like Peter and you cannot pray like Paul, you just tell the love of Jesus how he

died to save of all. Oh, that's the balm in Gilead: his way of love it is the way of life.

They got it. He died to save us all. He didn't die for anything he could get out of it. Jesus did not get an honorary doctorate for dying. He didn't -- He wasn't getting anything out of it. He gave up his life, he sacrificed his life for others, for the good of the other, for the wellbeing of the world. For us. That's what love is. Love is not selfish and self-centred. Love can be sacrificial.

And in so doing, becomes redemptive. And that way of unselfish, sacrificial, redemptive love changes lives. And it can change this world. If you don't believe me, just stop and think and imagine. Think and imagine, well? Think and imagine a world where love is the way. Imagine our homes and families when love is the way. Imagine neighbourhoods and communities where love is the way. Imagine governments and nations where love is the way. Imagine business and commerce when love is the way. Imagine this tired old world when love is the way.

When love is the way -- unselfish, sacrificial, redemptive, when love is the way. Then no child would go to bed hungry in this world ever again. When love is the way. We will let justice roll down like a mighty stream and righteousness like an ever-flowing brook. When love is the way poverty will become history. When love is the way the earth will become a sanctuary. When love is the way we will lay down our swords and shields down by the riverside to study war no more. When love is the way there's plenty good room, plenty good room for all of God's children.

Cause when love is the way, we actually treat each other, well, like we are actually family. When love is the way we know that God is the source of us all. And we are brother and sisters, children of God. Brothers and sisters, that's a new heaven, a new earth, a new world, a new human family. And let me tell you something, old Solomon was right in the Old Testament. That's fire.

Pierre Teilhard de Chardin -- and with this I will sit down. We got to get you all married.

French Jesuit Pierre Teilhard de Chardin was arguably one of the great minds, great spirits of the 20th century, a Jesuit Roman Catholic priest. A

scientist, a scholar, a mystic. In some of his writings he said from his scientific background as well as his theological one, in some of his writings he said, as others have, that the discovery or invention or harnessing of fire was one of the great scientific and technological discoveries in all of human history. Fire to a great extent made all of human civilization possible. Fire made it possible to cook food and to provide sanitary ways of eating, which reduced the spread of disease in its time. Fire made it possible to heat warm environments and thereby made human migration around the world a possibility, even into colder climates. Fire made it possible, there was no Bronze Age without fire, no Iron Age without fire, no Industrial Revolution without fire. The advance of science and technology are greatly dependent on the ability to take fire and use it for human good.

Anybody get here in a car today? An automobile? Nod your head if you did -- I know there were some carriages. But those of us who came in cars, fire, the controlled, harnessed fire made that possible. I know that the Bible says, and I believe it, that Jesus walked on water. But I have to tell you that I didn't walk across the Atlantic Ocean to get here. Controlled fire in that plane got me here. Fire makes it possible for us to text and tweet and email and Instagram and Facebook and socially be dysfunctional with each other. Fire makes all of that possible.

And de Chardin said fire was one of the greatest discoveries in all of human history. And he then went on to say that if humanity ever harness the energy of fire again, if humanity ever captures the energy of love, it will be the second time in history that we have discovered fire.

Dr. King was right. We must discover love the redemptive power of love. And when we do that, we will make of this old world a new world. My brother, my sister, God love you. God bless you. And may God hold us all in those almighty hands of love.

100 club winners

1st B. Matthews - 2nd D. Moody - 3rd P. Craig

MENTAL HEALTH FIRST AID TRAINING

When: 14th and 21st June 2018

Time: 09:30 to 16:30

Where: The George Hurd Centre, Audley Way, SS14 2FL

Basildon CVS is organising Mental Health First Aid Training (MHFA) with InterAct, an Essex based charity who improve the emotional well-being and life opportunities for teenagers and young adults with a learning disability, their parents or carers. Refreshments will be provided.

What is MHFA?

The 2-day course is an interactive and practical training course to help to spot the early signs of a mental health problem. It covers topics such as the 5 steps of mental health first aid, common mental health problems, recognising symptoms of mental health problems, providing initial support to cope with a crisis situation, preventing someone from hurting themselves and/or others and guiding a person towards appropriate professional help. You will participate in group and individual activities and have ample opportunities to learn.

The course will equip you with tools and techniques to help you, your friends, family and colleagues. You will also gain knowledge and confidence to support people experiencing mental health problems to seek the right help, help someone who is feeling suicidal and the importance of your own self care.

Who can attend an MHFA course?

Everyone can benefit from MHFA training; parents, carers, volunteers and adults (19+). It is particularly beneficial for anyone who has regular contact with the public. For employers, as part of your Health and Wellbeing Portfolio, it will mean you have trained staff to provide active intervention should a mental health issue be identified.

Costs

The training is free but there is a £25 fee for your training manuals.

Please register at: <https://www.eventbrite.co.uk/e/mental-health-first-aid-2-day-training-course-140618-210618-tickets-45938247535>



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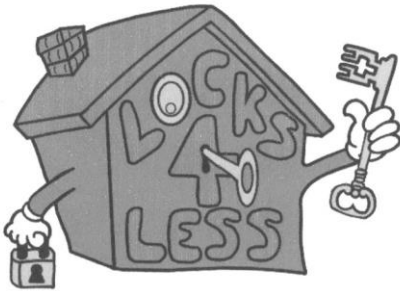
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WICKFORD AND RUNWELL TEAM MINISTRY

<u>CLERGY</u>	Jane Freeman	St. Andrew's Church	734077
	Norbert Mutuku	St. Catherine's Church	733147
	Jo Delfgou	St. Mary's Church	732068
	Matt Simpkins		765524
	Sue Wise (available Sunday, Tuesday, Wednesday and Thursday) 07941 506156		

<u>P.C.C.</u>	Vice-chairman	Pam Petts	734183
	Secretary	Sian Simpkins	765524
	Treasurer	Yvonne Branson	458778
	Electoral Roll Officer	Pam Petts	734183

<u>St Andrew's</u>	Churchwarden	Val Bryan	561446
	Churchwarden	Marina Bayley	730571
	D.C.C. Secretary	Marina Bayley	730571
	D.C.C. Treasurer	Mike Gibson	734293
	Hall Lettings	Reg Warne	766749

<u>St Catherine's</u>	Churchwarden	Richard Feldwick	733362
	Churchwarden	Andrew Morl	
	D.C.C. Secretary	Sarah Randall	
	D.C.C. Treasurer		
	Hall Lettings		

<u>St Mary's</u>	Churchwarden	Val Harris	571933
	Churchwarden	Lyn Bear	421685
	D.C.C. Secretary	Coral Upham	
	D.C.C. Treasurer	John Skinner	456892
	Hall Bookings	Alan Jones	765360
		Linda Payne	732033

Mothers' Union Enrolling Member Jeannette Cardnell 452309

Parish Magazine Editor Jo Delfgou

**FOR INFORMATION ON GIFT AID AND PLANNED GIVING PLEASE CONTACT
CHRIS BEAUCHAMP ON 762205.**

SUNDAY SERVICES

<u>St Andrew's</u>	9:30am	Sung Eucharist
	6:30pm	Healing Eucharist (<i>on 3rd Sunday</i>)
<u>St Catherine's</u>	8:00am	Holy Communion
	9:30am	Family Worship
	11:00am	Sung Eucharist
	6:30pm	Evening Prayer (<i>Sung Evensong 4th Sunday</i>)
<u>St Mary's</u>	9:30am	Sung Eucharist
	6:30pm	Taizé (<i>2nd Sunday</i>)

WEEKDAY SERVICES

Monday	9:00 am	Morning Prayer at St Catherine's
Tuesday	9:00 am	Morning Prayer at St Andrew's
	7:30 pm	Eucharist at St Mary's
Wednesday	9:00 am	Morning Prayer at St Catherine's
	9:30am	Eucharist at St Catherine's
	10:30 am	Eucharist at St Andrew's
Thursday	9:00 am	Morning Prayer at St Mary's
	10:00 am	Eucharist at St Mary's

OFFICE HOURS

St Andrew	Saturdays	11:00 - 11:30am	in the Church
St Catherine	Mondays	7:00 - 8:00pm	in the Church
St Mary	Mondays	7:00 - 7:30pm	in St Mary's Hall

Articles for the next Magazine to the Editor by 15th of the month

Thank you - email: delfgou@live.co.uk

And our website: <http://wickfordandrundwellparish.org.uk/index.php>