

#### Our regular monthly events include:

Every week:

Tuesday Meet and Make 2 - 4 pm St Andrew's Centre

Saturday Coffee Morning at St Andrew's Centre

First week of the month

Thursday Mothers Union - Quiet time (from 11-45 am) followed by lunch

and meeting

Saturday Coffee morning in St Catherine's Hall

Second week of the month

Wednesday Cuppa and chat at St Mary's Hall

Third week of the month

Wednesday Mothers Union - 7:30 pm Meeting at St Catherine's Hall Thursday Prayer and Meditation - 2 pm St Catherine's Church

Fourth week of the month

Wednesday Cuppa and chat at St Mary's Hall

Thursday House Group - 10 am at 2 Adam Way

#### Supporting Changing Pathways ( Basildon Women's Aid)

Due to lack of space; Please only take items to St. Andrew's Church on the last FRIDAY (or as near as possible) of each month; then they can be taken to the refuge. If you are unable to take our offering to St. Andrew's then please do pass it to one of your Church Wardens or your Priest.

#### The Gateway Project - Foodbank

#### We need:

Milk - Sugar - Coffee - Toiletries - Toilet Rolls

More and more people are using the foodbank - please add your contributions in the churches or the Co-op

#### Ransomed, healed, restored ......

I'm not sure whether it is quite appropriate to use those words from a favourite hymn about a local story which involves the spoil produced by the tunneling for Crossrail, but they are words about redemption, about making good something apparently rejected and worthless - and this is exactly what seems to have happened.

One of the many places on my 'bucket list' to visit before I leave Essex was Wallasea Island, preferably by ferry from Burnham on Crouch, and one gloriously warm and sunny Friday in July I did just that. The (almost) island has of course been there for a very, very long time, but of recent years its eastern end has been rescued and transformed into an RSPB reserve: 'a magical landscape of marshland, lagoons, ditches and sea', as it is described on the website. Some 3 million tonnes of earth from the Crossrail tunnels was brought by boat to raise the land above sea level, creating a space of saltmarsh, islands, and mudflats, with lagoons, creeks — and grazing for cattle. It's become a home for waders and wildfowl, and ground nesting birds. A place, too, for humans to find delight; I have rarely seen so many butterflies as I did on the day of my visit, and there was even a skylark singing overhead.

Something of beauty made from made from muck and mud and waste; matter which was already there transformed so that a little bit of our world could flourish in a new way.

Such are the ways of the kingdom of God.

Jane



**Publication dates and costs for our Magazine.** Printing costs have increased greatly, and we have therefore had to put up the price of our magazine to £1. For the forseeable future, it will continue to appear every two months: do send us your news and thoughts to include

#### **Celebrating the Trinity**



We were delighted to welcome Bishop John to lead our joint service at St Mary's for Trinity Sunday, and to share lunch with us afterwards. In his sermon the bishop spoke of the way in which the very nature of our God as the three persons of the Trinity requires us to value difference and diversity: an immediate lesson for three churches coming together, but one with much wider application at a time and in a culture where words of hate and denigration are increasingly used.

No – not that Trinity.....

???????????????????

#### Whodunnit....?

That was the question.

The answer?

The pilot (seen here with lovely cabin crew)

Quite why does remain a mystery: the plot was, to say the least, complicated, involving love, betrayal, smuggling, and some rather dodgy acting. But the participants gave their all, and much fun was had.

As ever the great 'St Mary's Murder Mystery' was a roaring success: thank you to Linda and all her helpers for making it happen.



#### ST CATHERINE'S BUMPER COFFEE MORNING



September 7<sup>th</sup> 9.30-12 noon in the hall

Home-made cakes, bric-a-brac, books, refreshments

We look forward to seeing you there. This is an opportunity to meet with your friends and relax with a cup of tea or coffee; the fellowship is as important as the fundraising

\*

#### Christ Has No Online Presence But Yours!

The Church of England has introduced a Digital Charter which aims to make social media and the web safer more positive places, and individuals and churches are being encouraged to sign up to the charter. Recognising that the digital landscape has changed massively in the last few years and will continue to do so as technology develops, the Church of England is encouraging people to think about how the conversations we're having online can help change our newsfeeds for the better. The Church of England's Digital Charter webpages recognise that "Social media is a very public way of enabling us as Christians to live out our calling to share the good news of Jesus Christ. One of its many joys is that it is immediate, interactive, conversational and open-ended. But this opportunity comes with a number of downsides if users do not apply the same common sense, kindness and sound judgement that we would use in a face-to-face encounter."

We are asked to think about our online presence ... "What does it look like to be a Christian online? Everyone's engagement is different. Whether you're a member of clergy using Twitter or a churchgoer replying to the comments on a blog, we all have different views, histories and areas of interest that will affect how we perceive things, and our responses to those events. The comments we make can reach thousands and even millions of people both in this country and around the world very quickly."

The Digital Charter then goes on to help us think about the ways we can all make the digital world as loving and generous as we would when speaking face to face, asking us to be guided by the following values and ideals in all our social media engagement -

**Truth -** we should hold ourselves to high ideals of checking that what we post online is fair and factual.

**Kindness -** we are all different and that makes the world an interesting place – and at times a challenging one. Think the best of people, whether they share our views or are speaking against them and aim to be constructive in the way we engage.

**Welcome -** in the language we use and the way we interact. It's easy for Christians to speak in another language using words that those outside the Church might not relate to.

**Inspiration -** we are called to be witnesses of our faith and to use social media in a way that genuinely engages others.

**Togetherness -** we are one Church and other members of this Church are our brothers and sisters in Christ. It is crucial we treat those around us in this way.

**Safeguarding -** if you have any concerns about the wellbeing of children, young people and vulnerable adults, please contact the relevant diocesan safeguarding adviser.

Agree to the Church's and Archbishops' social media guidelines, by signing up to...

- **Be safe.** The safety of children, young people and vulnerable adults must be maintained. If you have any concerns, ask a diocesan safeguarding adviser.
- Be respectful. Do not post or share content that is sexually explicit, inflammatory, hateful, abusive, threatening or otherwise disrespectful.
- **Be kind.** Treat others how you would wish to be treated and assume the best in people. If you have a criticism or critique to make, consider not just *whether* you would say it in person, but the tone you would use.
- **Be honest.** Don't mislead people about who you are.
- **Take responsibility.** You are accountable for the things you do, say and write. Text and images shared can be public and permanent, even with privacy settings in place. If you're not sure, don't post it.
- **Be a good ambassador**. Personal and professional life can easily become blurred online so think before you post.
- **Disagree well.** Some conversations can be places of robust disagreement and it's important we apply our values in the way we express them.
- Credit others. Acknowledge the work of others. Respect copyright and always
  credit where it is due. Be careful not to release sensitive or confidential information
  and always question the source of any content you are considering amplifying.

• **Follow the rules.** Abide by the terms and conditions of the various social media platforms themselves. If you see a comment that you believe breaks their policies, then please report it to the respective company.

In the words of Meredith Gould Christ has no online presence but yours,
No blog, no Facebook page but yours,
Yours are the tweets through which love touches this world,
Yours are the posts through which the Gospel is shared,
Yours are the updates through which hope is revealed.
Christ has no online presence but yours,
No blog, no Facebook page but yours.

So, if you are a social media user please visit the Digital Charter webpages and consider signing up to the Church of England's Digital Charter, so that we can all do our part in making social media and the web safer more positive places where we share the love and welcome of God in ways that are true, kind and inspirational.

https://www.churchofengland.org/terms-and-conditions/our-digital-charter,



### Appointing our new priests.... an update

At the moment, sadly, there is no news to share. We are now advertising for both a team rector designate and a new team vicar, and hope that the summer brings both inspiration and a real sense of being called to our particular patch of south Essex to those who read the 'Church Times' over the summer.

In the meantime, I have set the date for my retirement. My last Sunday as your rector will be 17 November: there will be more to say about that much nearer the time.

And while we wait, I ask for your prayers as I prepare for retirement, for Sue and all those who will carry the responsibilities of ministry in the parish, and especially for the calling of our new priests.

Jane

The projectionist is having a rest in August BUT coming soon to a screen near you.....

# ST. CATHERINE'S HALL FILM SHOW 14.00hrs 26 September 2019 Ben Cross and Ian Charleson IN

# CHARIOTS OF FIRE

IN A QUEST FOR GLORY, MEN WRESTLE WITH THEIR CONSCIENCES AND BELIEFS



All welcome

#### **Changing times**

As I am writing this, I have realised how much my life has changed; it is going to change over the next 2 months and how much it has changed over the last 3 years.

3 years ago I went to my Bishops Advisory Panel (BAP) to see if I would be recommended to start training as a priest. I received the news from Bishop John Wraw as he lay in his hospital bed, I had been recommended. In September 2016 I started a part time course in Theology at St Mellitus College on Thursday evenings at Chelmsford Cathedral.

I have now finished that course, written 21 essays or pieces of work, given a presentation about Wickford and Runwell and studied 25 different topics. I am waiting for my final mark to confirm I have passed my Diploma. And next week sees our first anniversary having married Beth, last July.

As I start to look forwards, I have a couple of busy months ahead. I start the formal services and meetings before my ordination; I have a retreat to look forward to and then my first service having been ordained as Assistant Curate to our parish.

At the start of August I will not be worshipping with you on Sundays, I will be going out of parish. I will return after my ordination: 15<sup>th</sup> September 11:15 at St Catherine's Church, my first service as a deacon, will obviously be a very special day for me after my studies and the journey that has seen me arrive at this place. It would be good to see you there, if possible, or at St Andrew's afterwards to help me celebrate my new role as in this parish. I would like to say a some 'thank yous'.

Firstly to my support group, who have meet with me during my training to share some of my journey, offer their support and prayers and have agreed to continue in their support. All of the clergy who have served here and offered me their support, as well as a never ending supply of books, but I want to specifically thank Canon Jane, for all of her love and support not only for the last 3 years but since she arrived in our Parish. I had my first conversation with her about my feelings of having been called to serve in the Church of God. And she has helped me through some low time and now some very high ones.

I want to thank Beth for her love and support and for marrying me, knowing what I was to become.

And finally I would like to thank all of you who have offered me your prayers, kind words and support during my training.

I would like to ask you to keep praying for me over the next few weeks as I make the

transition to Assistant Curate, pray for our Parish as we come into a time of change. Please pray for Jane and Sue, for God's strength in their work and to guide them as they lead us all.

Finally I am truly looking forward to serving you all and wish God's blessing on us all for now and for the future.

#### Steve

We shall be gathering at St Andrew's for lunch at 1pm after the service at St Catherine's on 15 September and the Mother's Union are kindly organising arrangements for the festivities. All offers of help and support with lunch will be gratefully received by Janet Radley at St Catherine's , Marjorie Stanford at St Andrew's and Yvonne Branson at St Mary's.

\*\*\*\*\*\*

is on holiday during August

hut in September we will

but in September we will be searching out



# ssy Treasures

urday 21 September - 4 pm Andrew's Church

Children and parents/carers all welcome for fun, crafts, singing, mess ....... and food

# National Cream Tea Day Friday September 13<sup>th</sup> 2019

To celebrate this event, there will be a Cream Tea at
St Catherine's Hall 2pm to 4.30pm

Tiptree Jam, Cornish cream and delicious home made scones.

All accompanied by unlimited cups of tea.

Drop in or spend all afternoon

Tickets £4 each which includes a free draw for a bottle of bubbly! available in church or 'phone Pam Petts on

734183

Sponsored by Tiptee Jam and Rodda's Cornish Cream





#### Wickford and Runwell Mothers' Union

We only had a few drops of rain, so it didn't spoil the Garden Party on June 6<sup>th</sup>. In John and Muriel's colourful garden. A pleasant afternoon was enjoyed by all, especially the strawberries and cream. We were delighted that Lilian was able to attend, the first time she has joined us since her accident.

The Wave of Prayer is a yearly cycle where each Diocese in the U.K is linked with several Dioceses in the Anglican Communion. They are allotted a time in the year when the work of the M.U. in their linked Dioceses are prayed for. Chelmsford Diocese dates are from June 18<sup>th</sup>- June 20<sup>th</sup> and as our evening meeting coincided with this, Lucy Bubb, our Diocesan Overseas rep came to give us an update on our links. These are South Sudan, The Kenya Military Episcopate, Doko Diocese and Ono Diocese in Nigeria, Jamaica and the Caymen Islands, and of course our own Diocese. Following each update a candle was lit and we held that Diocese in prayer. Lucy concluded with a lively account of her recent trip to Myanmar to visit M.U. members there.

Our lunchtime meeting fell on July 4<sup>th</sup>.themed "Stars and Stripes". So it just had to be hot dogs and Key Lime pie, provided by Margery Clark to celebrate her 60 years membership of the Mothers' Union. A quiz followed on American Presidents and States, which taxed our brains. Members shared articles and stories connected with America including some pictures of Wickford Rhode Island. Jeannette presented Margery with a patio pot full of lovely plants, a special card and a



60 years membership certificate. We ended with a good old English cup of tea and a slice of the Stars and Stripes cake made by Carol [Special thanks to Geraldine for all her last minute help.]

We do not meet in August but don't forget the "Members Day" on August 9<sup>th</sup> -11am -3pm in the Cathedral. Take a packed lunch. This is Mary Sumner Day and is always very special.

We meet again on September 5<sup>th</sup> 12 noon Corporate Communion followed by a shared lunch at 12.30, the Branch review at 1.30 and a quiz.

# George Edward Powell 9 March 1926 - 1 June 2019



May we thank everyone who remembered dear George in their thoughts and prayers, for the many kind words and recollections of him and for those who attended his funeral which was a lovely celebration of a good and long life lived. Also for the very generous donations made to St. Mary's in remembrance of George. It has all been a great comfort to the family at this saddest of times.

It also comforts us very much to know that George now rests at his second favourite place - St.Mary's (home with his wife Jean was first!). With nearly 40 years of worship at St.Mary's plus involvement in many aspects of the Church, as well as the Church Hall (think Thursday Club lunches and Christmas dinners) and the Church Hall Garden (his roses still win prizes) - well, George's presence is everywhere!

George's faith sustained him throughout his life and as he now rests in a tranquil spot by the path by the porch, amongst many old friends; he can again enjoy the sermons, the singing, the hymns, the music and the chatter. Indeed, when you pass by, do say 'hello' - dear George, our lovely husband, father and friend, gone but most definitely and never ever forgotten.

Heartfelt thanks,

Jean and Gillian and Gary Powell

#### **Parish Prayer Circle.**

In times of particular need or trouble, please contact Jeannette Cardnell on 01268 452309, and members of the circle will offer their prayers for the situation or person concerned.



What makes for a 'good welcome' – and who are we welcoming? Thoughts from Sue and from Linda.

#### **Good Welcome**

During my holiday I attended two different churches and have mused on the 'welcome' I received in each.

The first was nearer home but I had not attended there in recent years. I waited a few minutes for a hymnbook and service sheet and in the end had to ask, as the conversation between the assigned 'sidespersons' was not going to end soon. I sat at the outer end of a pew and then a lovely lady asked me to join her at the other end. Such a marked contrast! I think it rather nonplussed her when several people I did know came a greeted me, one with hugs!

The second was while we were away, returning to a church we had visited most of the times we had been there over the last seven years. Given that once a year is regular attendance for many, we felt quite

used to it. Now, last time we went I carried out an experiment and I wore my dog collar. That time I had churchwardens and vicar flying to say hello and encouraging me to join them all for coffee. This time, and as before, I was in 'mufti' and it was back to the normal 'holiday' sort of welcome, books and a hello. In a holiday place that is not surprising but it was in stark contrast to the previous occasion.

Though neither of these welcomes was that terrible, if I had been a real first timer I don't think I would have gone back. There was, after all, nothing to say that I knew what I was doing as I walked through the door – without a collar. The task of those who greet or give out the books is an important one as it gives the first impression that a newcomer gets to our churches. I think our churches are all welcoming places, and that nobody would have to wait for their books, or be left to their own devices if they looked puzzled during the liturgy. However, we should never sit back on our laurels. It is the responsibility of all to make sure that nobody coming in for the first time is overlooked, nor overwhelmed, for that matter. It isn't just the sidesperson, or the clergy - either of who might be somewhat busy before service - but all those present who can supply the friendly face, the offer of guidance, or the reassurance of welcome. It is a great gift that we can all offer and all employ, presenting the smiling face of Christ to those who seek Him out.

Sue

#### A Litany of Welcome

Adapted by Linda Peall from "Diversity Welcome," Training for Change https://www.trainingforchange.org/training\_tools/diversity-welcome/

It is my longing and my heartfelt prayer that all Christians in all churches will one day be able to share wholeheartedly in this litany of welcome, so that together we can declare in God's name...

We would like to let you know that you belong...

People on all parts of the continuum of gender identity and expression, including those who are gay, bisexual, heterosexual, transgender, cisgender, queer folks, the sexually active, the celibate, and everyone for whom those labels don't apply. We say, "You belong."

People of African descent, of Asian descent, of European descent, of First Nations descent in this land and abroad, and people of mixed and multiple descents and of all the languages spoken here. We say, "You belong."

Bodies with all abilities and challenges. Those living with any chronic medical condition, visible or invisible, mental or physical. We say, "You belong."

People who identify as activists and those who don't. Mystics, believers, seekers of all kinds. People of all ages. Those who support you to be here. We say, "You belong."

Your emotions: joy, fear, grief, contentment, disappointment, surprise, and all else that flows through you. We say, "You belong."

Your families, genetic and otherwise. Those dear to us who have died. Our ancestors and the future ones. The ancestors who lived in this land, in this place, where these buildings are now . . . we honour you through this work that we are undertaking. We say, "You belong."

People who feel broken, lost, struggling; who suffer from self-doubt and self-judgment. We say, "You belong."

All beings that inhabit this earth, human or otherwise: the two-legged, the four-legged, winged and finned, those that walk, fly, and crawl, above the ground and below, in air and water. We say, "You belong."

#### Quiet Day June 29th 2019: 'Building the Church'

How lovely it was to have a day at beautiful Pleshey in the sun, almost too warm for some of us! It was the feast day of St Peter and St Paul, Apostles, among the first leaders of the Christian Church and the theme chosen was to reflect both this and to and a continuation of our Parish Study Day earlier in the year. I suspect that some people may have been a little worried that they would have some work to do. Would we do that to you?

As ever the proceedings started with worship. We did have some gentle input into 'foundations' and 'scaffolding', thinking about 'who' is the bedrock, the cornerstone, of our faith and then what sustains us spiritually as we grow together as 'The Church'. After all the church is actually the people not buildings, lovely as they may be and necessary for gathering, shelter and focus.



That is not to say that there were not opportunities to build. I had unearthed some of my sons' Duplo (the big Lego) and brought it along ... in case. Sure enough, a few creative souls recreated St Andrew's, including cars in the car park. If I had known, I would have brought along the Duplo cars too. There was also a fiendishly tricky 3D jigsaw puzzle of a church, which I

had taken apart as much as possible after taping it together for sermon illustration purposes. This has left me with the task of rebuilding it should I need it again, as there wasn't enough time for the team who tackled it to complete the task. Did I mention it was fiendishly tricky?

Having also munched our picnic lunches, wandered the gardens enjoying their splendour, possibly dozed a bit, read, stitched and generally 'chilled' the day ended with a Eucharist in the lovely chapel.

We may not have constructed much, but we did have precious time to ponder our part in the church and our fellowship, living stones as we are in the Lord's own design. We were blessed to have been in so beautiful a setting on such a lovely day and to 'just be'.

Sue

As Sue said, we may not have constructed much – but we also listened to these words from Archbishop Oscar Romero, which reminded us that completing the whole belongs not to us but to the master Builder

It helps, now and then, to step back and take the long view.

The kingdom is not only beyond our efforts, it is even beyond our vision.

We accomplish in our lifetime only a tiny fraction of the magnificent enterprise that is God's work. Nothing we do is complete, which is a way of sayng That the kingdom always lies beyond us.

No statement says all that could be said.

No prayer fully expresses our faith. No confession brings perfection.

No pastoral visit brings wholeness.

No programme accomplishes the church's mission.

No set of goals and objectives includes everything.

That is what we are about.

We plant the seeds that one day may grow.

We water seeds already planted,

knowing that they hold future promise.

We lay foundations that will need further development.

We provide yeast that produces far beyond our capabilities.

We cannot do everything, and there is a sense of liberation in realizing that. This enables us to do something, and to do it very well. It may be incomplete, but it is a beginning, a step along the way, an opportunity for the Lord's grace to enter and do the rest.

We may never see the end results, but that is the difference between the master builder and the worker.

We are workers, not master builders; ministers, not messiahs; we are prophets of a future not our own.

Amen

\*\*\*\*\*\*\*\*

#### At Hampton Court flower show......



Once again, Tony Wagstaff and his team of youngsters created a stunningly beautiful garden for the annual RHS show at Hampton Court.



Chelmsford's 3K Family Fun Run and Marathon

On Sunday 20th October, The J's Hospice is holding its first Chelmsford 3K Fun Run. This family-friendly event is suitable for all ages and abilities - you can walk, jog or run the 3K course and prams and well-behaved dogs on leads are welcome.

The route starts and finishes in Central Park, taking in some of the city's beautiful parks, and everyone who takes part will be given a medal when they cross the finish line.

The 3K Family Fun Run is raising money for The J's Hospice which is part of Havens Hospices. The J's supports young adults with life-limiting conditions and their families across Essex, providing specialist care in the comfort of their own homes and in the community.

It only costs £5 per person to take part and children under 5 can join in for free. It's a great, fun way to get the whole family exercising together while raising money for a local hospice charity. To find out more and sign-up online, go to  $\frac{\text{www.havenshospices.org.uk/chelmsfordfunrun}}{\text{chelmsfordfunrun}}.$ 

If you're looking for a greater sporting challenge, The J's Hospice **Chelmsford Marathon** is also on Sunday 20th October. The 26.2 mile course is on road and tarmac paths that take you through the city and out into the nearby countryside before returning to Central Park to finish. Online registration is open now at www.havenshospices.org.uk/chelmsfordmarathon

The J's Hospice is looking for volunteers to help make both events a big success. If you can help with the pre-event organisation or you can volunteer on 20<sup>th</sup> October (e.g. at a water station, as a marshal or helping with baggage, t-shirts and at the finish funnel) please contact Lucy: lucy.burgess@thejshospice.org.uk or 01245 475474. Thank you to the Chelmsford office of Aon, the professional services firm, which is kindly

Thank you to the Chelmsford office of Aon, the professional services firm, which is kindly sponsoring both events.

#### 'Course in Christian Studies

The excitement of discovery and learning together: members bring their own varied stories and experiences and share them, finding new truth in themselves and in each other through lively discussion.'

That's how the diocese describes what to many of us is known as 'CCS' – and that and more is what Valerie Bryan found when she followed the course. Here are her words about the experience.

I decided to attempt to try the course in Christian Studies although some people suggested it may be too much or too long as it was a two year course.

The best decision I ever made. The course was interesting and enjoyable. I did the course at St. Gabriel's in Pitsea with Rev. Simon Law. There were only a few applicants and we all made friends immediately.

It was an opportunity to not only discuss religion but to know religion through the bible. We tackled all the questions you want to know but do not ask and some that you never knew existed.

The whole two years shot through and it was sad when we completed the course. I now read parts of the bible with interest and understanding and I enjoy it.

On the 10<sup>th</sup> July this year I received my certificate from Bishop Stephen and Chelmsford Cathedral and felt very proud that I had done it.

There were times during the course that I was tempted to quit but my husband told me he wanted to see me collect my certificate so I had to stick with it. During the second year he had a few bad times and ended up in hospital a few times but I knew he wanted me to finish. When he died in March his voice was pushing me on and although it was difficult I continued with the help of Simon and the other candidates.

When I went to the Cathedral I could imagine him watching me and clapping the hardest as I went up to receive the certificate.

If you haven't done this course I urge you to apply as it will be the most interesting and enjoyable course you will ever do.

The course will begin again in September; you can follow it as part of a group, or online. If Valerie has inspired you and you think this might be for you, for an application form please contact Diane Hardy <a href="mailto:dhardy@chelmsford.anglican.org">dhardy@chelmsford.anglican.org</a>

\*

## **Meet and Make**

Have you met us? Can you make things? Or just enjoy company?

Every Tuesday from 2pm to 4pm in St Andrew's Centre there's a chance to knit, sew, crochet – and chat. Refreshments provided, and people of all ages are welcome to bring their own craft projects, or help with our ongoing 'making' – blankets for rough sleepers, clothes and covers for the Neonatal Unit in Basildon Hospital, hats, scarves, and other items for Changing Pathways (Basildon Women's Aid), and the Mission to Seamen. We've also knitted dinosaurs for an art exhibition (you had to be there), and a Noah's Ark for the Church of England Infant School, and run a craft stall at the church bazaar. .

Check us out ,and show off your skills – or come for the friendships and the laughter.

# An offer from the church insurers.....

Most churches, including ours, have policies with Ecclesiastical Insurance. And they have made this offer to celebrate their  $130^{th}$  anniversary.

#### £130 for your church

Take out a new home insurance policy with us before 31st December 2019 and we'll donate £130 to a church or cathedral of your choice. To benefit, all you have to do is quote 'Trust130' when you take out your policy, and we will arrange the rest.

These donations have already made a massive difference, helping to fund anything from repairs and day-to-day running costs of the church, to exciting new projects and equipment.

#### Get a quote

Speak to one of our team who will be happy to help:

0345 777 3322

Lines are open 8am – 6pm, Monday to Friday. (Calls to 03 numbers are typically charged at no more than local rate)

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# Natural Matters



#### WOULD YOU SWITCH YOUR VITAMIN IF...

- 1. ... It meant that you and your family could have a vitamin/mineral supplement made from Real Food sources and not from synthetic or inorganic sources to Maintain Optimal Health.....
- 2... It could help save a child from devastating impact of malnutrition .....
- 3... It came with a **90-Day** satisfaction guarantee .....

To learn more about 'Real Food Technology' food supplements, contact

Graham & Anita Hellewell
01245 283648
or email us at: naturalmatters@btinternet.com

#### WICKFORD AND RUNWELL TEAM MINISTRY

CLERGY Jane Freeman Team Rector 01268 734077

Sue Wise Associate Priest 07941506156

(Sue is available Sunday, Tuesday, Wednesday, and Thursday)

P.C.C. Vice-chair Pam Petts 01268 734183

Secretary Bob Peall

Treasurer Yvonne Branson

Electoral Roll Officer Bob Peall

St Andrew's Churchwarden Valerie Bryan 01268 561446

Churchwarden Seye Abiodun
D.C.C. Secretary Marina Bailey
D.C.C. Treasurer Mike Gibson
Hall Lettings - contact 01268 766749

St Catherine's Churchwarden Richard Feldwick 01268 733362

Churchwarden Andrew Morl
D.C.C. Secretary Sarah Randall
Hall Lettings – contact .01268 735458

St Mary's Churchwarden Alan Jones 01268765360

Churchwarden Lisa Griffiths
D.C.C. Secretary Coral Upham
D.C.C. Treasurer John Skinner

Hall Bookings - contact either 01268765360 or 01268732033

Mothers' Union Branch Leader Lilian Irivng, Assistant Branch Leader Caroline Wheeler

FOR INFORMATION ON **GIFT AID AND PLANNED GIVING** PLEASE CONTACT CHRIS BEAUCHAMP ON **01268762205**.

#### SUNDAY SERVICES

St Andrew's	9:30am 6:30pm	Sung Eucharist Healing Eucharist (on 3 <sup>rd</sup> Sunday)
St Catherine's	8:00am 9:30am 11:15am 6:30pm	Holy Communion Family Worship Sung Eucharist Evening Prayer (Sung Evensong 4 <sup>th</sup> Sunday)
St Mary's	9:30am 6:30pm	Sung Eucharist Reflective Prayer (2 <sup>nd</sup> Sunday)

#### **WEEKDAY SERVICES**

Monday	9:00 am	Morning Prayer at St Catherine's	
Tuesday	9:00 am 7:30 pm	Morning Prayer at St Andrew's Eucharist at St Mary's	
Wednesday	9:00 am	Morning Prayer at St Catherine's	
	10:30 am	Eucharist at St Andrew's	
Thursday	9:00 am 10:00 am	Morning Prayer at St Mary's Eucharist at St Mary's	

#### **OFFICE HOURS**

St Andrew	Saturdays	11:00 - 11:30am	in the Vestry
St Catherine	Mondays	7:00 - 8:00pm	in the Church
St Mary	Mondays	7:00 - 7:30pm	in St Mary's Hall

Articles for the next Magazine to canjanefree@gmail.com by the 15th of the month - thank you

And our website: <a href="http://wickfordandrunwellparish.org.uk/index.php">http://wickfordandrunwellparish.org.uk/index.php</a>